Community Health Needs Assessment Implementation Plan

Board Review: April 27, 2022



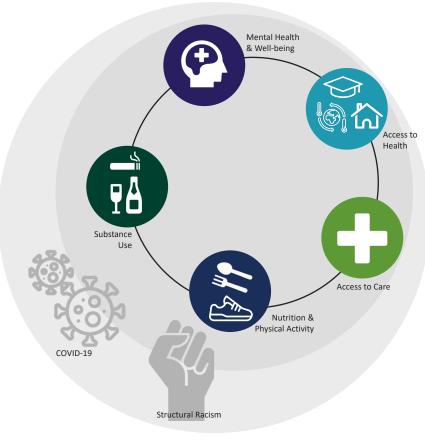
HealthPartners 2022 CHNA Implementation Plan

The purpose of this Community Health Needs Assessment (CHNA) Implementation Plan is to describe how Westfields Hospital & Clinic plans to address each of the 5 needs areas identified through the 2021 CHNA process. The needs areas identified in the most recent CHNA are shown on the graphic to the right, and include the following:

- Mental Health and Well-being
- Access to Health
- Access to Care
- Nutrition and Physical Activity
- Substance Use

Woven throughout each of these Needs Areas are two cross-cutting contextual factors: structural racism and the COVID-19 pandemic.

Over the next three years (2022-2024), our hospital intends to address all five top significant health needs areas in some way. Below we outline strategies and actions set by Westfields Hospital & Clinic to address each needs area, hospital resources that will be committed, partners and anticipated impact towards each goal.





Goal: Improve Mental Health & Well-being

Mental Health and Well-being is the interconnection between mental illness and the associated stigma, social connectedness, resiliency, and overall mental, social, and emotional well-being.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
Make It OK Community campaign to reduce the stigma of mental health and illness through: Website and social media Toolkits and resources Community outreach and Ambassador Training Community collaborations	 Increased awareness and knowledge of mental health and illness stigma in communities, schools, employers, community agencies, faith communities and through other partners. Expanded engagement and reach in those more reluctant to seek care, vulnerable communities and communities of color Reduction in stigmatized attitudes and actions, to create more caring communities. 	Staff for program support and subject matter expertise, steering committee participation, program evaluation and partnership development HealthPartners supports makeitok.org development and maintenance Support from the Westfields Hospital & Clinic Foundation	The Make It Ok initiative collaborates and partners with more than 30 Steering Committee members and partners including the National Alliance for Mental Illness (NAMI), hospitals and health care, East Metro Mental Health Roundtable, Teen Leadership Council, local public health, community agencies, mental health providers, employers and Healthier Together Mental Health Workgroup. The ongoing partner list can be found at www.makeitok.org
Mental Health Community Collaborations Actively participate in community collaborations to make equitable progress with mental health and well-being.	 Strengthen and support community partnerships and collective action Collaborate to make equitable progress toward improving community mental health and well-being 	Participate in and support collective efforts	Partners include: • Healthier Together Mental Health Workgroup • Wisconsin Hospital Association – Mental Health Service Providers • St. Croix County Criminal Justice Collaborating Council (CJCC) • National Alliance for Mental Illness (NAMI) • Faith communities

			Community Health Action Team (CHAT)Living Well Together
Little Moments Count Community coalition to help parents and the community understand the importance of talking, playing, reading and singing early and often with children.	 Increase positive interactions and experiences in early childhood Positively impact health and well-being outcomes later in life. 	 Staff for program support, subject matter expertise, steering committee and partnership HealthPartners supports Littlemomentscount.org website development and maintenance 	LMC is a collaborative of 57 organizations working to help increase parent and community interaction with babies and children including. See partner list at www.littlemomentscount.org/about-us
Behavioral Health Services Integration of behavioral health into primary care, hospital inpatient and outpatient care, including assessment and intervention models.	 Improved experiences and reduced barriers for patients Simplified and alignment of triage, intake, and scheduling across the care system. Improved provider communication, care management and coordination Expanded access to mental health services 	 Core internal work Staff, systems and support Outpatient services are based at and operated by Westfields Hospital & Clinic. 	Partners include: County Health Departments Wisconsin Hospital Association – Mental Health Service Providers
Behavioral Health Crisis Services - Crisis Immediate Access (CIA) Behavioral health telemedicine outpatient service, providing immediate mental health and crisis assessment via tele-video for all HealthPartners patients.	 Improved access to mental health care Expanded access to mental health services Deferral of hospital ED crisis cases 	 Staff for program coordination, support and care delivery; subject matter expertise Clinic and ambulatory care staff Participate in and support collective efforts 	Partners include: County Health Departments Wisconsin Hospital Association – Mental Health Service Providers
Emergency Behavioral Health Tele-video Services Collaboration Public-private partnership between area health systems and counties to provide behavioral health assessment and referral for Emergency Department patients.	Simplified and improved experiences and reduced barriers for patients	 Staff for program coordination, support and care delivery; subject matter expertise Participate in and support collective efforts Support from the Westfields Hospital & Clinic Foundation 	Partners include: • Wisconsin Department of Health Services (DHS) • Lakeview Hospital • Hudson Hospital • Westfields Hospital • Amery Hospital • Western Wisconsin Health • St. Croix Regional Medical Center • Osceola Medical Center

			 River Falls Area Hospital Polk County Public Health St. Croix County Public Health Pierce County Public Health Local law enforcement
Growing through Grief – No fee, School based	Increased access to counseling	Staff to coordinate and deliver	Partners include:
grief counseling and crisis support for K-12 students who have lost a loved one	services specific to grief for all students • Students improve coping skills and build resilience. • Increased support for students through collaborative crisis management.	 program Partner with school districts Support from the Westfields Hospital & Clinic Foundation 	 108 schools in 16 districts throughout Twin Cities metro area and Somerset and New Richmond school districts [Westfields] Community Advisory Council members
Be Well-An employee well-being program for HealthPartners staff colleague well-being including mental health, well-being and resiliency programs and services.	 Improved emotional well-being and resiliency of hospital and clinic staff Maintain strong health care workforce 	Hospital coordinates, promotes, connects staff with programs and resources and provides incentives for participation	Partners include: • Employee Assistance Program • Be Well program partners • Local agencies



Goal: Improve Access to Health

Access to Health refers to the social and environmental conditions and unmet social needs that directly and indirectly affect people's health and well-being such as housing, income, food security, transportation, employment, education, clean and sustainable environment, and more.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
Social Drivers of Health screening and referral (SDOH) A system-wide approach to addressing social determinants of health through screening, systems, community partnerships and referral	 Patients' social needs are identified and addressed Community partners and resources are engaged and accessible 	Core internal workStaff, systems and support	Partners include: Community agencies (Hunger Solutions, STEP, local food shelves) NowPow/Unite Us
SuperShelf Collaborative initiative to transform food shelves by making healthy, culturally specific foods accessible and appealing	 Increased nutritional quality of food available to clients Increased availability of culturally specific foods Equitable and client-focused atmosphere at food shelves 	 Staff for program support and implementation; subject matter expertise Participate in and support collective efforts Resources for food shelf transformations Support from the Westfields Hospital & Clinic Foundation 	Partners include: Valley Outreach The Food Group University of Minnesota Hunger Solutions Minnesota Other partners and participating food shelves at www.supershelfmn.org
Sustainability HealthPartners supports and promotes sustainability through the lens of the triple bottom-line of people, planet, and prosperity. Where environmental health is in balance with both human and economic health and well- being for all members of our community.	Impacts will include improved air and water quality, more predictable temperatures, and improved quality of life.	 Led by our Sustainability team Supported by hospital green teams Westfields Hospital & Clinic operates and maintains local community gardens Westfields Hospital & Clinic supports local farmer's market 	Partners include: Local public health Grassroots organizations Farmers, farmer's markets, recyclers and others
Community Health Collaborations Actively participate in community collaborations to make equitable progress with social drivers of health including food insecurity	 Strengthen and support community partnerships and collective action Collaborate to make equitable progress toward improving 	 Staff, partner, participate and support collective efforts Volunteer support from hospital and clinic employees. 	Partners include: Teen Leadership Council SuperShelf St. Croix County Public Health and Community Services

	community social drivers of health Increase community access to food and other basic needs	Support from the Westfields Hospital & Clinic Foundation	 Healthier Together Food Insecurity Workgroup United Way St. Croix Valley Housing Project (Mobilizing Communities for a Just Response) New Richmond food shelf partnership Somerset food shelf partnership St. Croix Valley Food Bank partnership Grace Place Local Chambers of Commerce Community Health Action Team (CHAT) Living Well Together Support Health Initiative in Nutrition and Engagement Local school districts
Transportation options Collaborations to explore ways to increase access to transportation options and provide the best, most safe, appropriate and member-focused experience for older adults, people with disabilities and those lacking reliable transportation.	 Community members will be aware of and better connected to reliable transportation options Increased awareness of medical transportation options 	 Participate in and support collective efforts Support from the Westfields Hospital & Clinic Foundation 	Partners include: • Local public health • Community agencies



Goal: Improve Access to Care

Access to Care means having equitable access to appropriate, convenient, affordable and culturally responsive, trauma informed health care. This includes factors such as proximity to care, diversity training for staff, diverse backgrounds of providers, cost of care, insurance coverage, medical transportation, and care coordination within the health care system.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
Build an anti-racist culture through training, employee engagement and equitable policies and practices	Deepen our workforce's collective understanding of bias, racism and cultural humility as we build trust with community.	 Diversity and Inclusion teams, human resources and hospital leadership Staff, systems and support; core internal work Valley Health Equity Committee 	Partners include: Penumbra Theater YWCA Center for Economic Inclusion Local public health Community agencies
Address disparities in care Accelerate and expand our efforts to eliminate disparities in chronic conditions, preventive screenings, maternal and infant care and childhood immunizations and others. This work is done with a focus on health equity, identifying patient disparities including factors such as race, socioeconomics, gender and other factors.	Improved access to care Reduced disparities in care	 Staff, systems and support; core internal work Performance Improvement projects Valley Health Equity Committee 	Partners include: Community agencies Integrated Care for High-Risk Pregnancies Initiative Minnesota Council of Health Plans Local public health
Clinical Performance Improvement Improve Coordination of Care within our system and outside partners to improve care efficiency and quality	Improved access to care Improved Care Coordination and Quality Outcomes	 Staff systems and support; core internal work Performance improvement projects 	Partners include
Leverage Technology for Seamless Care Expand the use of technology (telemedicine, emails, text messages, MyChart messages, etc.) to engage patients between visits and promote healthy behaviors	Increased access to care	Internal resources and systems	Partners include: • EPIC • Google

Access to Care Community Collaborations	Strengthen and support	Participate in and support	Partners include:
Actively participate in community collaborations to make equitable progress with access to care.	community partnerships and collective action Collaborate to make equitable progress toward improving access to care	collective efforts • Hospital support of local agencies • Patient Advisory Council coordination	 Patient Advisory Councils Local public health and community services Community agencies Community Health Workers Community Health Action Team (CHAT) Healthier Together Pierce & St. Croix Counties
Community Health Education Community health education classes and opportunities are offered to in the St. Croix Valley at low-cost or without charge.	Community members will learn about health and wellbeing and various medical conditions, learn skills to support their health and wellbeing, and learn about services at our hospitals and clinics.	Staff for program coordination Health professional subject matter experts in chronic disease prevention and management, joint health, sleep, mental health, pulmonary health and health promotion.	Partners include: Health care providers Topic-specific instructors Community agencies
Diabetes Education High quality diabetes education program for patients and families, including standardized processes and educational materials. Diabetes Prevention classes.	Improve quality of life and reduce complications from diabetes Improve access to diabetes care	 Core internal work Staff for program coordination, support and care delivery; subject matter expertise Westfields Hospital & Clinic Foundation support for patient grant program 	Partners include: Community agencies Centers for Disease Control
Injury Prevention & Community Outreach Outreach and education to prevent and reduce injuries including:	Prevent and reduce injury Increase and/or improve community awareness and knowledge of injury reduction and prevention	 Staff for program coordination, support and implementation; subject matter expertise Participate in and support collective efforts 	Partners include: • Local public health • Local fire or police departments • Local safety councils • Local parks and recreation • Local schools
Emergency Medical Services Safety planning and standby for events; education and awareness	Reduce response time to injuries	Staff for program support and subject matter expertise	Partners include: • Local public health and community services

	Improve community knowledge and awareness of distracted driving and driving under the influence	Participate in and support collective efforts	Local fire or police departmentsLocal schools
Workforce Recruitment and Retention Strategies Focused effort to increase awareness and engagement in health care employment opportunities, with a focus on entry-level and technical positions and reaching diverse talent. This strategy includes: • Training and internship opportunities in hospitals and clinics • Scholarships for training and tuition assistance for career advancement • Collaboration with health care and schools • Increased visibility of employment opportunities in diverse populations • Enhanced onboarding processes, preceptors and relationship-building	 Increased awareness of health care jobs and training opportunities to diverse candidates Reduced financial barriers to training and career advancement Increased retention of talent 	Hospital and clinic leadership Human resources leaders Valley Health Equity Committee Support from the Westfields Hospital & Clinic Foundation	Partners include: • Specific software (CIRCA) recruiting job board focused on diverse applicants • Consortium of regional hospitals, clinics, technical schools and high schools
Patient Emergency Fund Provide emergency financial assistance for patients based on need for prescription costs, medical equipment, transportation cost and other essential needs.	Reduced barriers to accessing care	 Staff support to help patients navigate financial assistance Support from the Westfields Hospital & Clinic Foundation 	Partners include:
Community Paramedicine Follow-up home visits for post-hospital discharge for congestive heart failure	Reduce readmissions Keeping people in their home, out of the hospital	 Core internal work Staff for program coordination, support and implementation; subject matter expertise Participate in and support collective efforts 	Partners include:
Children's Health Initiative HealthPartners is working to improve the health and well-being of children and their families by concentrating on: Promoting early brain development, providing family centered care	 Improve the health of children in early childhood Improve the health of mothers during and after pregnancy and delivery 	Staff, systems and support	Partners include: Local county public health and community services Integrated Care for High-Risk Pregnancies Initiative

 and strengthening our communities. Areas of focus include: Healthy Beginnings: Promote drug, alcohol and tobacco-free pregnancies by universally screening all pregnant women and offering non-judgmental support; identify other needs (socioeconomic, etc) Little Moments Count Breastfeeding promotion and support Postpartum depression screening Senior Care Service Line Home-based medicine by physician or advanced practice provider for adults experiencing difficulty navigating the traditional care model. 	 Reduce readmissions Keeping people in their home, out of the hospital Improved experiences and reduced barriers for patients 	Core internal work Staff for program coordination, support and care delivery; subject matter expertise	 Ramsey County WIC and SNAP Minnesota Breastfeeding Coalition Reach Out and Read Little Moments Count CollegeBound St. Paul Heart of the Customer Teen Leadership Council Partners include: Community agencies
Homecare, Palliative Care & Hospice Provides in-home care to seriously ill patients, and supports them and their caregivers.	 Reduce readmissions Keeping people in their home, out of the hospital Improved experiences and reduced barriers for patients 	Core internal work Staff for program coordination, support and implementation; subject matter expertise	Partners include: • Clinics, skilled nursing facilities, assisted living



Goal: Improve Nutrition & Physical Activity

Nutrition & Physical Activity means equitable access to nutrition, physical activity and healthy supportive environments for families and communities.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
PowerUp Community-wide initiative to support eating better, moving more and feeling good. Resources include: • School Challenge and teacher resources • Classes for cooking and sports nutrition • Community options for physical activity • Family magazines, online resources and recipes	 Increased awareness about resources for eating better, moving more and feeling good Improved attitudes and behaviors around eating, physical activity and mental well-being 	 Staff for program development and subject matter expertise, steering committee, program evaluation and partnership development Development and maintenance of powerup4kids.org and program resources Support from the Westfields Hospital & Clinic Foundation 	Partners include: School districts including: New Richmond, Somerset Teachers and youth leaders School Age Care programs Community agencies and food pantries Local public health Faith communities The Centre YMCA Adventure Lab and Unlock It Living Well Together
Nutrition & Physical Activity Collaborations Actively participate in community collaborations to make equitable progress with nutrition and physical activity.	 Strengthen and support community partnerships and collective action Collaborate to make equitable progress toward improving nutrition and physical activity 	 Foster, initiate, partner in and support efforts Provide subject matter expertise Connect to care providers 	Partners include: Local public health Community agencies Local Farmer's markets Local Schools The Centre YMCA Adventure Lab and Unlock It Local Chambers of Commerce Community Health Action Team (CHAT) SHINE Program Kiwanis Healthier Together Pierce & St. Croix Counties

Be Well Employee well-being program. Support and empower colleagues with resources for improved nutrition, physical activity and overall well-being	 Improved support for better colleague nutrition, physical activity and well-being Provide healthy food options at hospital locations 	Hospital coordinates, promotes, connects staff with programs and resources and provides incentives for participation	Partners include: • Employee Assistance Program • Be Well program partners • Local agencies
Community Health Education Community health education classes and podcasts on nutrition, healthy cooking and a variety of ways to increase physical activity are offered to in the St. Croix Valley at low-cost or without charge.	Community members will learn about strategies to improve health and wellbeing, nutrition and physical activity	 Staff for program coordination, promotion and delivery Health professional subject matter experts in chronic disease prevention, nutrition, fitness, walking, cooking, childhood feeding and breastfeeding. 	Partners include: • Health care providers • Topic-specific instructors • Community agencies
HealthPartners Teen Leadership Council Program that inspires and develops youth as community health leaders through leadership development, understanding community health principles, teen consultation with partners, volunteerism and action projects.	 Development of youth community health leaders Teens grow in leadership skills, agency, and positive self- identity, and impact their communities through volunteerism and sharing their voice. 	 Hospital staff facilitates program Hospital staff promotes and supports 	Partners include: School districts Youth organizations Local public health Health care providers UW Extension service



Goal: Reduce Substance Use

Substance Use covers substance abuse and addiction, which are the use of substances including alcohol, tobacco and e-cigarettes, prescription drugs, opioids and other drugs in a manner that is harmful to health and well-being and causes problems or distress that affect daily life.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
Medication Take Back Drop boxes locations at hospitals to collect prescription medication and opioids in a secure manner	 Prevent prescription drugs to prevent accidental poisoning or misuse Prevent medications from entering the water and drinking water 	Hospital pharmacies	Partners include: Local law enforcement Local public health
Opioid Prescription Monitoring Continue to implement collaborative practice agreements offering chronic pain management alternatives, pain clinic referrals and partner with medication therapy management pharmacists to wean and taper patients off addictive pain medications. Continue to monitor amount and frequency of opioid prescriptions.	 Increased access to treatment options that are more effective for chronic pain than opioid prescribing. Increased access to specialized pain clinics that focus on the physical, emotional, lack of sleep, physical activity, social factors and addiction Support for taping off addictive pain medications 	Pharmacy and clinical staff and coordination	Partners include: • Public Health Agencies
Make It OK for Substance Use Disorder Training and resources to reduce the stigma of mental health and substance use disorder through community outreach and health care provider training	Increased awareness and knowledge of substance use stigma Reduction in stigmatized attitudes and actions, to reduce reluctance to seek care and assessment for substance use disorder	 Staff for program support and subject matter expertise, steering committee participation, program evaluation and partnership development With support from the Westfields Hospital & Clinic Foundation 	The Make It Ok initiative collaborates and partners with more than 30 Steering Committee members and partners including the National Alliance for Mental Illness (NAMI), hospitals and health care, local public health, mental health and substance use disorder providers. The ongoing partner list can be found at www.makeitok.org

Programs for Change Compassionate, non-judgmental intensive outpatient substance use disorder treatment and recovery program using evidence-based treatment models.	 Improved experiences and reduced barriers for patients Program participants are treated with dignity and compassion Program participants receive comprehensive assessment, treatment recommendations and referrals to address all coexisting mental health or medical needs. 	 Staff for program development and delivery Subject matter expertise and clinical leadership With support from the Westfields Hospital & Clinic Foundation 	Partners include: Local Public Health Make It OK Ambassadors Regional Substance Use Disorder Consortium St. Croix County Criminal Justice Collaborating Council (CJCC)
Substance Use Community Collaborations Actively participate in community collaborations to make equitable progress with prevention and treatment of substance use and abuse including alcohol, drugs, tobacco and nicotine.	 Strengthen and support community partnerships and collective action Collaborate to make equitable progress toward improving substance use 	Participate in and support collective efforts to reduce substance use	Partners include: Local Public Health Regional Substance Use Disorder Consortium St. Croix County Criminal Justice Collaborating Council (CJCC) Healthier Together Substance Use Workgroup

Contact Information

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